Blueberry Frozen Yogurt

Times by Four

INGREDIENTS

1. 2 cups lemon-lime flavored soda - chilled
2. 2 cups blueberries
3. 1/2 cup sugar
4. 2 teaspoons lemon juice
5. 16 ounces nonfat vanilla yogurt

DIRECTIONS

1. Place soda, blueberries, sugar, lemon juice in a blender; process until smooth.
2. Combine blueberry mixture and yogurt.
3. Pour into a baking dish and then in the freezer.
4. When frozen, serve in individual dessert dishes.